

Safety/Emergency Notes for Participants of Outdoor Events

- 1. Important items to bring on your hike:
 - a. Cell phone (if you have one)
 - b. Plenty of extra water
 - c. Sunscreen
 - d. Bugspray
 - e. Sunhat
 - f. Snack
 - g. Raincoat
- 2. Wear adequate footwear and be prepared for the level of hike for which you have registered.
- 3. Do not leave the group. Should you begin to feel ill or need to rest, communicate with your Leader immediately and request assistance.
- 4. When parking by a trail, be sure you leave room for emergency vehicle access (i.e. ambulance, helicopter landing zones). Note the location of any first aid stations.
- 5. Upon returning to town, please report all falls, injuries, illnesses, or other safety incidents that took place by contacting the Wildflower Festival staff (970-349-2571).
- 6. In the event an injury or problem while you are in the field, please use your best judgment for your particular circumstance, **AND do the following:**
 - Stabilize the injured party.
 - Call 911 on cell phone or contact Festival Staff as soon as cell phone range allows.
- 7. Emergency Phone numbers for Wildflower Festival Staff and Local Hospitals/Clinics:

Wildflower Festival Office 970-349-2571
Emergencies 911

Gunnison Valley Health (Hospital) 970-641-1456
Pinnacle Orthopedics, 510 Elk Avenue 970-672-1980
Gunnison Valley Family Physicians (Crested Butte) 970-349-6749